

Espresso Makers for Lattes

The Latte is a favorite drink among today's coffee shop frequenters – It's one of the most requested, over-priced coffee drinks available. They're very good, but you can surely make them for much less at home. We pay a lot for these coffee treats. What's the secret? There isn't one, just a few tips. Espresso Makers work well for making Lattes. It's just espresso and steamed milk. Don't forget that teenagers are currently making your Latte's and Mochas, you can do it too.

Just buy the right equipment and follow the easy recipe. Once you practice the technique couple times, it's like riding a bicycle. It becomes easy and fun to make your own Lattes with an Espresso Maker. The standard design is really good enough, as long as it's solid. Just grind, press and make a cup of espresso, as directed by your specific Espresso Maker, then steam the milk to be added in. The milk should start off very cold, fill the steam pitcher with the amount of milk to add to the espresso to fill the cup. Insert the steam nozzle and stream and spin until the milk reaches 150 – 160 degrees. Pour the steamed milk into the prepared espresso and you've got a great tasting Latte from an Espresso Maker -- Plus you saved \$3.00.

Juicers for Wheatgrass

For this purpose, not all juicers are created equal. Many juicers simply don't juice wheatgrass. It's important to purchase one that specifically does, if that's something you want to do. Don't waste time and money buying the average juicer to learn it doesn't work for wheatgrass. Think of the juicers you see at juice bars. They look different than your average juicer; they're generally smaller and shorter, somewhat industrial looking.

High power is vital to make good, non-foamy juice. To efficiently juice wheatgrass, the wattage must be relatively high. Finally, it should be easy to clean. If it's not, it becomes more of a pain than a healthy boost. If you buy the right juicer, you'll save a lot of money in the long run, since Wheatgrass Juice generally costs \$1/ounce. In addition, you will save precious time, since the wait at juice/wheatgrass stores is often too long. Get the wheatgrass nutrients at home with the right juicer.